

Sickened The Memoir Of A Munchausen By Proxy Childhood Julie Gregory

I Should Have Honor Fugitive Modernities Becoming Anna Darling Rose Gold The
Autobiography of an Ex-Colored Man Once More We Saw Stars If I Am Missing Or
Dead A Long Way Gone I Have To Call Someone Mama My Father's Keeper In the
Country of Women Broken Leaving Dirty Jersey The Slave Dancer A Stolen Life The
Death of Innocents Heartland Let the Tornado Come The Accordionist's
Son Girlbomb Sickened Notes Made While Falling Sickened Amen, Amen, Amen A
Bright Red Scream True Memoirs of an International Assassin The Coldest
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Family The Phantom Prince All Gone Junk Mail Munchausen's Syndrome by Proxy
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I Should Have Honor

A celebrated international author, listed among the "21 top writers for the 21st century" (The Observer, U.K.) As David Imaz, on the threshold of adulthood, divides his time between his uncle Juan's ranch and his life in the village, where he reluctantly practices the accordion, a tradition that his authoritarian father insists he continue, he becomes increasingly aware of the long shadow cast by the Spanish Civil War. Letters found in a hotel attic, along with a silver pistol, lead David to unravel the story of the conflict, including his father's association with the fascists, and the opposition of his uncle, who took considerable risks in helping to hide a wanted republican. With affection and lucidity, Bernardo Atxaga describes the evolution of a young man caught between country and town, between his uncle the horse-breeder and his political father. The course of David's life changes one summer night when he agrees to shelter a group of students on the run from the military police. This is the most accomplished novel to date by an internationally celebrated writer. The Accordionist's Son is memorable for its epic scope—from 1936 to 1999—and the details with which it sparkles in gorgeous prose. It is easy to understand why The Observer listed Atxaga as one of the top twenty-one writers for the twenty-first century.

Fugitive Modernities

A powerful and compelling memoir of growing up with a schizophrenic father, who hid his mental illness behind a charismatic larger-than-life, gluttonous personality and found logical explanations for the most bizarre ways of thinking. From the international No.1 bestselling author of Sickened.

Becoming Anna

America's "forgotten war" lasted just thirty-seven months, yet 54,246 Americans died in that time -- nearly as many as died in ten years in Vietnam. On the fiftieth anniversary of this devastating conflict, James Brady tells the story of his life as a young marine lieutenant in Korea. In 1947, seeking to avoid the draft, nineteen-year-old Jim Brady volunteered for a Marine Corps program that made him a

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lieutenant in the reserves on the day he graduated college. He didn't plan to find himself in command of a rifle platoon three years later facing a real enemy, but that is exactly what happened after the Chinese turned a so-called police action into a war. *The Coldest War* vividly describes Brady's rapid education in the realities of war and the pressures of command. Opportunities for bold offensives sink in the miasma of trench warfare; death comes in fits and starts as too-accurate artillery on both sides seeks out men in their bunkers; constant alertness is crucial for survival, while brutal cold and a seductive silence conspire to lull soldiers into an often fatal stupor. The Korean War affected the lives of all Americans, yet is little known beyond the antics of "M*A*S*H." Here is the inside story that deserves to be told, and James Brady is a powerful witness to a vital chapter of our history.

Darling Rose Gold

The most shocking story of a brutal childhood you have ever read by the most inspirational author ever.

The Autobiography of an Ex-Colored Man

James Weldon Johnson (1871–1938) was an American civil rights activist and writer. He led the National Association for the Advancement of Colored People and was the first African-American professor at New York University. As a writer, Johnson was well-known in the Harlem Renaissance for his novels and poems which dealt primarily with black culture. In "The Autobiography of an Ex-Colored Man", Johnson offers a fictional account of a biracial man living in America in the late nineteenth and early twentieth centuries who attempts to pass as a white man to ensure his safety and future prospects. Read & Co. Classics is republishing this classic novel now in a new addition complete with the poem "At the Closed Gate of Justice" by James D. Corrothers.

Once More We Saw Stars

A haunting personal account by the woman at the center of the highly publicized "12-Step Apology" rape case describes how her attacker's written apology and her own struggles to heal prompted their e-mail correspondence, disturbing realizations about other attackers, and her eventual decision to prosecute. A first book.

If I Am Missing Or Dead

The inspiration for the five-part Amazon Original docuseries *Ted Bundy: Falling for a Killer* This updated, expanded edition of *The Phantom Prince*, Elizabeth Kendall's 1981 memoir detailing her six-year relationship with serial killer Ted Bundy, includes a new introduction and a new afterword by the author, never-before-seen photos, and a startling new chapter from the author's daughter, Molly, who has not previously shared her story. Bundy is one of the most notorious serial killers in American history and one of the most publicized to this day. However, very rarely do we hear from the women he left behind—the ones forgotten as mere footnotes

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in this tragedy. The Phantom Prince chronicles Elizabeth Kendall's intimate relationship with Ted Bundy and its eventual unraveling. As much as has been written about Bundy, it's remarkable to hear the perspective of people who shared their daily lives with him for years. This gripping account presents a remarkable examination of a charismatic personality that masked unimaginable darkness.

A Long Way Gone

Hailed as a "clear-eyed book written with poetry and compassion" by The Boston Globe, *Let the Tornado Come* is the "lyrical debut memoir" (Kirkus Reviews) of a runaway child, the woman she became, and the horse that set her free. When Rita Zoey Chin was eleven years old, she began running away from home. Her parents' violence and neglect drove her onto the streets in search of a better life, but what she found instead was a dangerous world of drugs and predatory men—as well as the occasional kindness of strangers. As she hits bottom and then learns to forge a new life for herself, all of her dreams of freedom and beauty pivot on a single, precious memory: a herd of horses running along a roadside fence. A few years later, Rita—now a prizewinning poet and wife of a successful neurosurgeon—appears to have triumphed over her harrowing childhood, until she is struck with a series of debilitating panic attacks that threaten her comfortable new life. Ultimately, it is the memory of those hoofbeats, and the chance arrival of a spirited, endearing horse named Claret who has a difficult history himself, that will finally save her. "A near euphoric ode to the human spirit" (Huffington Post), *Let the Tornado Come* is about pulling yourself up out of the dark and discovering that the greatest escape lies not in running from, but turning towards, those things that frighten you the most; it is "luminous...A haunting yet hopeful saga that shows how trauma and fear can transform themselves into enduring strength" (Publishers Weekly).

I Have To Call Someone Mama

Unraveling a twenty-five-year tale of multiple murder and medical deception, *The Death of Innocents* is a work of first-rate journalism told with the compelling narrative drive of a mystery novel. More than just a true-crime story, it is the stunning expose of spurious science that sent medical researchers in the wrong direction--and nearly allowed a murderer to go unpunished. On July 28, 1971, a two-and-a-half-month-old baby named Noah Hoyt died in his trailer home in a rural hamlet of upstate New York. He was the fifth child of Waneta and Tim Hoyt to die suddenly in the space of seven years. People certainly talked, but Waneta spoke vaguely of "crib death," and over time the talk faded. Nearly two decades later a district attorney in Syracuse, New York, was alerted to a landmark paper in the literature on Sudden Infant Death Syndrome--SIDS--that had been published in a prestigious medical journal back in 1972. Written by a prominent researcher at a Syracuse medical center, the article described a family in which five children had died suddenly without explanation. The D.A. was convinced that something about this account was very wrong. An intensive quest by a team of investigators came to a climax in the spring of 1995, in a dramatic multiple-murder trial that made headlines nationwide. But this book is not only a vivid account of infanticide revealed; it is also a riveting medical detective story. That journal article had legitimized the deaths of the last two babies by theorizing a cause for the mystery

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of SIDS, suggesting it could be predicted and prevented, and fostering the presumption that SIDS runs in families. More than two decades of multimillion-dollar studies have failed to confirm any of these widely accepted premises. How all this happened--could have happened--is a compelling story of high-stakes medical research in action. And the enigma of familial SIDS has given rise to a special and terrible irony. There is today a maxim in forensic pathology: One unexplained infant death in a family is SIDS. Two is very suspicious. Three is homicide. From the Trade Paperback edition.

My Father's Keeper

During the early seventeenth century, Kisama emerged in West Central Africa (present-day Angola) as communities and an identity for those fleeing expanding states and the violence of the trans-Atlantic slave trade. The fugitives mounted effective resistance to European colonialism despite—or because of—the absence of centralized authority or a common language. In *Fugitive Modernities* Jessica A. Krug offers a continent- and century-spanning narrative exploring Kisama's intellectual, political, and social histories. Those who became Kisama forged a transnational reputation for resistance, and by refusing to organize their society around warrior identities, they created viable social and political lives beyond the bounds of states and the ruthless market economy of slavery. Krug follows the idea of Kisama to the Americas, where fugitives in the New Kingdom of Grenada (present-day Colombia) and Brazil used it as a means of articulating politics in fugitive slave communities. By tracing the movement of African ideas, rather than African bodies, Krug models new methods for grappling with politics and the past, while showing how the history of Kisama and its legacy as a global symbol of resistance that has evaded state capture offers essential lessons for those working to build new and just societies.

In the Country of Women

Broken

A graphic memoir about the treatment of mental illness, treating mental illness as a commodity, and the often unavoidable choice between sanity and happiness. In her early twenties in New York City, diagnosed with bipolar disorder, Rachel Lindsay takes a job in advertising in order to secure healthcare coverage for her treatment. But work takes a strange turn when she is promoted onto the Pfizer account and suddenly finds herself on the other side of the curtain, developing ads for an antidepressant drug. She is the audience of the work she's been pouring over and it highlights just how unhappy and trapped she feels, stuck in an endless cycle of treatment, insurance and medication. Overwhelmed by the stress of her professional life and the self-scrutiny it inspires, she begins to destabilize and while in the midst of a crushing job search, her mania takes hold. Her altered mindset yields a simple solution: to quit her job and pursue life as an artist, an identity she had abandoned in exchange for medical treatment. When her parents intervene, she finds herself hospitalized against her will, and stripped of the control she felt she had finally reclaimed. Over the course of her two weeks in the ward, she

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struggles in the midst of doctors, nurses, patients and endless rules to find a path out of the hospital and this cycle of treatment. One where she can live the life she wants, finding freedom and autonomy, without sacrificing her dreams in order to stay well.

Leaving Dirty Jersey

Dr. Steven Hatch first came to Liberia in November 2013, to work at a hospital in Monrovia. Six months later, several of the physicians Dr. Hatch had mentored and served with were dead or barely clinging to life, and Ebola had become a world health emergency. Hundreds of victims perished each week; whole families were destroyed in a matter of days; so many died so quickly that the culturally taboo practice of cremation had to be instituted to dispose of the bodies. With little help from the international community and a population ravaged by disease and fear, the war-torn African nation was simply unprepared to deal with the catastrophe. A physician's memoir about the ravages of a terrible disease and the small hospital that fought to contain it, *Inferno* is also an explanation of the science and biology of Ebola: how it is transmitted and spreads with such ferocity. And as Dr. Hatch notes, while Ebola is temporarily under control, it will inevitably re-emerge—as will other plagues, notably the Zika virus, which the World Health Organization has declared a public health emergency. *Inferno* is a glimpse into the white-hot center of a crisis that will come again.

The Slave Dancer

A young girl is perched on the cold chrome of yet another doctor's examining table, missing yet another day of school. Just twelve, she's tall, skinny, and weak. It's four o'clock, and she hasn't been allowed to eat anything all day. Her mother, on the other hand, seems curiously excited. She's about to suggest open-heart surgery on her child to 'get to the bottom of this'. She checks her teeth for lipstick and, as the doctor enters, shoots the girl a warning glance. This child will not ruin her plans. From early childhood, Julie Gregory was continually X-rayed, medicated, and operated on in the vain pursuit of an illness that was created in her mother's mind: Munchausen by Proxy, the world's most hidden and dangerous form of child abuse. *Sickened* is her story.

A Stolen Life

A dark, shocking, and unputdownable thriller debut about a mother and daughter—and the lengths to which a daughter will go to find independence. “Nobody wants to hear the truth from a liar.” For the first eighteen years of her life, Rose Gold Watts believed she was seriously ill. She was allergic to everything, used a wheelchair, and practically lived at the hospital. Neighbors did all they could, holding fundraisers and offering shoulders to cry on, but no matter how many doctors, tests, or surgeries, no one could figure out what was wrong with Rose Gold. Turns out her mom, Patty Watts, was just a really good liar. After serving five years in prison, Patty gets out with nowhere to go and begs her daughter to take her in. The entire community is shocked when Rose Gold says yes. Patty insists all she wants is to reconcile their differences. She says she's forgiven Rose Gold for

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turning her in and testifying against her. But Rose Gold knows her mother. Patty Watts always settles a score. Unfortunately for Patty, Rose Gold is no longer her weak little darling And she's waited such a long time for her mother to come home.

The Death of Innocents

Recounts the author's efforts to provide love and care for a parent with increasing dementia, a journey marked by her decision to prepare comfort foods from childhood that occasionally triggered her mother's recall.

Heartland

Finalist for the National Book Award *Finalist for the Kirkus Prize* *Instant New York Times Bestseller* *Named a Best Book of the Year by NPR, New York Post, BuzzFeed, Shelf Awareness, Bustle, and Publishers Weekly* An essential read for our times: an eye-opening memoir of working-class poverty in America that will deepen our understanding of the ways in which class shapes our country and “a deeply humane memoir that crackles with clarifying insight”.* Sarah Smarsh was born a fifth generation Kansas wheat farmer on her paternal side, and the product of generations of teen mothers on her maternal side. Through her experiences growing up on a farm thirty miles west of Wichita, we are given a unique and essential look into the lives of poor and working class Americans living in the heartland. During Sarah’s turbulent childhood in Kansas in the 1980s and 1990s, she enjoyed the freedom of a country childhood, but observed the painful challenges of the poverty around her; untreated medical conditions for lack of insurance or consistent care, unsafe job conditions, abusive relationships, and limited resources and information that would provide for the upward mobility that is the American Dream. By telling the story of her life and the lives of the people she loves with clarity and precision but without judgement, Smarsh challenges us to look more closely at the class divide in our country. Beautifully written, in a distinctive voice, Heartland combines personal narrative with powerful analysis and cultural commentary, challenging the myths about people thought to be less because they earn less. “Heartland is one of a growing number of important works—including Matthew Desmond’s Evicted and Amy Goldstein’s Janesville—that together merit their own section in nonfiction aisles across the country: America’s postindustrial declineSmarsh shows how the false promise of the ‘American dream’ was used to subjugate the poor. It’s a powerful mantra” *(The New York Times Book Review).

Let the Tornado Come

My new friends have begun to suspect I haven't told them the full story of my life. "Why did you leave Sierra Leone?" "Because there is a war." "You mean, you saw people running around with guns and shooting each other?" "Yes, all the time." "Cool." I smile a little. "You should tell us about it sometime." "Yes, sometime." This is how wars are fought now: by children, hopped-up on drugs and wielding AK-47s. Children have become soldiers of choice. In the more than fifty conflicts going on worldwide, it is estimated that there are some 300,000 child soldiers. Ishmael Beah used to be one of them. What is war like through the eyes of a child soldier? How

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does one become a killer? How does one stop? Child soldiers have been profiled by journalists, and novelists have struggled to imagine their lives. But until now, there has not been a first-person account from someone who came through this hell and survived. In *A Long Way Gone*, Beah, now twenty-five years old, tells a riveting story: how at the age of twelve, he fled attacking rebels and wandered a land rendered unrecognizable by violence. By thirteen, he'd been picked up by the government army, and Beah, at heart a gentle boy, found that he was capable of truly terrible acts. This is a rare and mesmerizing account, told with real literary force and heartbreaking honesty.

The Accordionist's Son

Traces the author's descent from a life of wealth and privilege into crystal meth addiction and petty crime throughout the course of a year, a period during which he came to an understanding of the side effects of crystal meth use and suffered a near-psychotic event that prompted his decision to get clean. Reprint. 25,000 first printing.

Girlbomb

Taken from bizarre cases of real patients, *Playing Sick?* is the first book to chronicle the devastating impact of phony illnesses--factitious disorders and Munchausen syndrome--on patients and caregivers alike. Based on years of research and clinical practice, *Playing Sick?* provides the clues that can help practitioners and family members recognize these disorders, avoid invasive procedures, and sort out the motives that drive people to hurt themselves and deceive others. With insight and years of hands-on experience, Feldman shows how to get these emotionally ill patients the psychiatric help they need.

Sickened

A raw and powerful memoir of Jaycee Lee Dugard's own story of being kidnapped as an 11-year-old and held captive for over 18 years. On 10 June 1991, eleven-year-old Jaycee Dugard was abducted from a school bus stop within sight of her home in Tahoe, California. It was the last her family and friends saw of her for over eighteen years. On 26 August 2009, Dugard, her daughters, and Phillip Craig Garrido appeared in the office of her kidnapper's parole officer in California. Their unusual behaviour sparked an investigation that led to the positive identification of Jaycee Lee Dugard, living in a tent behind Garrido's home. During her time in captivity, at the age of fourteen and seventeen, she gave birth to two daughters, both fathered by Garrido. Dugard's memoir is written by the 30-year-old herself and covers the period from the time of her abduction in 1991 up until the present. In her stark, utterly honest and unflinching narrative, Jaycee opens up about what she experienced, including how she feels now, a year after being found. Garrido and his wife Nancy have since pleaded guilty to their crimes.

Notes Made While Falling

Fontaine decided, out of respect for Strathmore, to do the job himself. He had an

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invisible tap installed on Commander Strathmore's Crypto account-his E-mail, his interoffice correspondence, his brainstorm, all of it. If Strathmore was going to crack, the director would see warning signs in his work. But instead of signs of a breakdown, Fontaine uncovered the ground work for one of the most incredible intelligence schemes he'd ever encountered. It was no wonder Strathmore was busting his ass; if he could pull this plan off, it would make up for the Skipjack fiasco a hundred times over. Fontaine had concluded Strathmore was fine, working at 110 percent-as sly, smart, and patriotic as ever. The best thing the director could do would be to stand clear and watch the commander work his magic. Strathmore had devised a plan a plan Fontaine had no intention of interrupting. Strathmore fingered the Berretta in his lap. Even with the rage boiling in his blood, he was programmed to think clearly. The fact that Greg Hale had dared lay a finger on Susan Fletcher sickened him, but the fact that it was his own fault made him even sicker; Susan going into Node 3 had been his idea. Strathmore knew enough to compartmentalize his emotion-it could in no way affect his handling of Digital Fortress. He was the deputy director of the National Security Agency. And today his job was more critical than it had ever been.

Sickened

Now including an excerpt from *Lust & Wonder*, a new memoir coming in March 2016. *Running with Scissors* is the true story of a boy whose mother (a poet with delusions of Anne Sexton) gave him away to be raised by her psychiatrist, a dead-ringer for Santa and a lunatic in the bargain. Suddenly, at age twelve, Augusten Burroughs found himself living in a dilapidated Victorian in perfect squalor. The doctor's bizarre family, a few patients, and a pedophile living in the backyard shed completed the tableau. Here, there were no rules, there was no school. The Christmas tree stayed up until summer, and Valium was eaten like Pez. And when things got dull, there was always the vintage electroshock therapy machine under the stairs. *Running with Scissors* is at turns foul and harrowing, compelling and maniacally funny. But above all, it chronicles an ordinary boy's survival under the most extraordinary circumstances.

Amen, Amen, Amen

In this fierce and lyrical memoir, Gregory takes readers inside the hidden world of child abuse called Munchausen by Proxy--with a power rivaling "Girl, Interrupted" and "A Child Called "It."

A Bright Red Scream

In this powerful historical novel a thirteen-year-old boy is kidnapped and brought aboard a slave ship, where he is forced to play music that will entice the slaves to exercise.

True Memoirs of an International Assassin

Until the age of ten, Abby Sher was a happy child in a fun-loving, musical family. But when her father and favorite aunt pass away, Abby fills the void of her loss

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with rituals: kissing her father's picture over and over each night, washing her hands, counting her steps, and collecting sharp objects that she thinks could harm innocent pedestrians. Then she begins to pray. At first she repeats the few phrases she remembers from synagogue, but by the time she is in high school, Abby is spending hours locked in her closet, urgently reciting a series of incantations and pleas. If she doesn't, she is sure someone else will die, too. The patterns from which she cannot deviate become her shelter and her obsession. In college Abby is diagnosed with obsessive-compulsive disorder, and while she accepts this as an explanation for the counting and kissing and collecting, she resists labeling her fiercest obsession, certain that her prayers and her relationship with G-d are not an illness but the cure. She also discovers a new passion: performing comedy. She is never happier than when she dons a wig and makes people laugh. Offstage, however, she remains unable to confront the fears that drive her. She descends into darker compulsions, starving and cutting herself, measuring every calorie and incision. It is only when her earliest, deepest fear is realized that Abby is forced to examine and redefine the terms of her faith and her future. Amen, Amen, Amen is an elegy honoring a mother, father, and beloved aunt who filled a child with music and their own blend of neuroticism. It is an adventure, full of fast cars, unsolved crimes, and close calls. It is part detective story, part love story, about Abby's hunt for answers and someone to guide her to them. It is a young woman's radiant and heartbreaking account of struggling to recognize the bounds and boundlessness of obsession and devotion.

The Coldest War

Traces the author's experiences as an illegal child immigrant, describing her father's violent alcoholism, her efforts to obtain a higher education, and the inspiration of Latina authors.

Running with Scissors

The activist and TED speaker Megan Phelps-Roper reveals her life growing up in the most hated family in America. At the age of five, Megan Phelps-Roper began protesting homosexuality and other alleged vices alongside fellow members of the Westboro Baptist Church in Topeka, Kansas. Founded by her grandfather and consisting almost entirely of her extended family, the tiny group would gain worldwide notoriety for its pickets at military funerals and celebrations of death and tragedy. As Phelps-Roper grew up, she saw that church members were close companions and accomplished debaters, applying the logic of predestination and the language of the King James Bible to everyday life with aplomb—which, as the church's Twitter spokeswoman, she learned to do with great skill. Soon, however, dialogue on Twitter caused her to begin doubting the church's leaders and message: If humans were sinful and fallible, how could the church itself be so confident about its beliefs? As she digitally jostled with critics, she started to wonder if sometimes they had a point—and then she began exchanging messages with a man who would help change her life. A gripping memoir of escaping extremism and falling in love, *Unfollow* relates Phelps-Roper's moral awakening, her departure from the church, and how she exchanged the absolutes she grew up with for new forms of warmth and community. Rich with suspense and thoughtful reflection, Phelps-Roper's life story exposes the dangers of black-and-white

thinking and the need for true humility in a time of angry polarization.

Crash Into Me

Just two hours ago, I had been heating up some lentil soup at my mom's in Brooklyn, thinking I'd eat it and maybe read some Edith Wharton before bed. Now here I was at a runaway shelter, staring at a nun's mustache and wondering where I was going to spend the rest of my adolescence. At fifteen, sick of her mom's spineless reactions to abusive men—and afraid of her stepfather's unpredictable behavior—Janice Erlbaum walked out of her family's apartment and never returned. What followed that fateful decision is the heart of this amazing, fascinating, and disturbing memoir. From her first frightening night at a shelter, trying to sleep in a large room filled with yelling girls, Janice knew she was in over her head. She was beaten up, shaken down, and nearly stabbed by a pregnant girl. But it was still better than living at home. Just like that, she was halfway homeless, always one step away from being sent "upstate to Lockdown." As Janice slipped further into street life, she nevertheless continued to attend high school, harbor crushes, even play the lead in the spring production of *Guys and Dolls*. She also roamed the streets, clubs, bars, and parks of New York City with her two best girlfriends, on the prowl for hard drugs and boys on skateboards. Together they scored coke at Danceteria, smoked angel dust in East Village squats, commiserated over their crazy mothers, and slept with one another's boyfriends on a regular basis. Janice Erlbaum paints a wry, mesmerizing portrait of being underprivileged, underage, and underdressed in the 1980s, bouncing from shelters to group homes, from tenement squats to legendary nightclubs. A moving and tremendously entertaining ride through the seediest parts of New York City, *Girlbomb* provides an unflinching look at street life, survival sex, female friendships, and first loves. From the Hardcover edition.

Playing Sick?

Self-mutilation is a behavior so shocking that it is almost never discussed. Yet estimates are that upwards of eight million Americans are chronic self-injurers. They are people who use knives, razor blades, or broken glass to cut themselves. Their numbers include the actor Johnny Depp, *Girl Interrupted* author Susanna Kaysen, and the late Princess Diana. Mistakenly viewed as suicide attempts or senseless masochism—even by many health professionals—"cutting" is actually a complex means of coping with emotional pain. Marilee Strong explores this hidden epidemic through case studies, startling new research from psychologists, trauma experts, and neuroscientists, and the heartbreaking insights of cutters themselves—who range from troubled teenagers to middle-age professionals to grandparents. Strong explains what factors lead to self-mutilation, why cutting helps people manage overwhelming fear and anxiety, and how cutters can heal both their internal and external wounds and break the self-destructive cycle. *A Bright Red Scream* is a groundbreaking, essential resource for victims of self-mutilation, their families, teachers, doctors, and therapists.

Sick

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Boston Globe's 25 Books We Can't Wait to Read in 2018 Buzzfeed's 33 Most Exciting New Books Bustle's 28 Most Anticipated Nonfiction Books of 2018 list Nylon's 50 Books We Can't Wait to Read in 2018 Electric Literature's 46 Books to Read By Women of Color in 2018 Huffington Post's 60 Books We Can't Wait to Read in 2018 Bitch's 30 Most Anticipated Nonfiction Books of 2018 The Rumpus's What to Read When 2018 is Just Around the Corner Vol.1 Brooklyn's 23 for 2018: A Literary Preview for the Year to Come The Millions Most Anticipated 2018 List Auto Straddle Most Anticipated 2018 Preview The Coil's Books We Can't Wait to Read in 2018 A powerful, beautifully rendered memoir of chronic illness, misdiagnosis, addiction, and the myth of full recovery. For as long as author Porochista Khakpour can remember, she has been sick. For most of that time, she didn't know why. Several drug addictions, some major hospitalizations, and over \$100,000 later, she finally had a diagnosis: late-stage Lyme disease. Sick is Khakpour's grueling, emotional journey—as a woman, an Iranian-American, a writer, and a lifelong sufferer of undiagnosed health problems—in which she examines her subsequent struggles with mental illness and her addiction to doctor prescribed benzodiazepines, that both aided and eroded her ever-deteriorating physical health. Divided by settings, Khakpour guides the reader through her illness by way of the locations that changed her course—New York, LA, Santa Fe, and a college town in Germany—as she meditates on the physiological and psychological impacts of uncertainty, and the eventual challenge of accepting the diagnosis she had searched for over the course of her adult life. A story of survival, pain, and transformation, Sick candidly examines the colossal impact of illness on one woman's life by not just highlighting the failures of a broken medical system but by also boldly challenging our concept of illness narratives.

Unfollow

This inspiring memoir by the Muslim American Gold Star father and captivating DNC speaker is the story of one family's pursuit of the American dream. NAMED ONE OF THE FIVE BEST MEMOIRS OF THE YEAR BY THE WASHINGTON POST "Moving . . . a story about family and faith, told with a poet's sensibility . . . Khizr Khan's book can teach all of us what real American patriotism looks like." —The New York Times Book Review In fewer than three hundred words, Khizr Khan electrified viewers around the world when he took the stage at the 2016 Democratic National Convention. And when he offered to lend Donald Trump his own much-read and dog-eared pocket Constitution, his gesture perfectly encapsulated the feelings of millions. But who was that man, standing beside his wife, extolling the promises and virtues of the U.S. Constitution? In this urgent and timeless immigrant story, we learn that Khizr Khan has been many things. He was the oldest of ten children born to farmers in Pakistan, and a curious and thoughtful boy who listened rapt as his grandfather recited Rumi beneath the moonlight. He was a university student who read the Declaration of Independence and was awestruck by what might be possible in life. He was a hopeful suitor, awkwardly but earnestly trying to win the heart of a woman far out of his league. He was a brilliant and diligent young family man who worked two jobs to save enough money to put himself through Harvard Law School. He was a loving father who, having instilled in his children the ideals that brought him and his wife to America—the sense of shared dignity and mutual responsibility—tragically lost his son, an Army captain killed while protecting his base camp in Iraq. He was and is a

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patriot, and a fierce advocate for the rights, dignities, and values enshrined in the American system. An American Family shows us who Khizr Khan and millions of other American immigrants are, and why—especially in these tumultuous times—we must not be afraid to step forward for what we believe in when it matters most. Praise for An American Family “An American Family is a small but lovely immigrant’s journey, full of carefully observed details from the order in which Ghazala served tea at a university event, to the schedule of the police patrols in the Boston Public Garden where Khan briefly slept while he was in between apartments, to the description of Humayun’s headstone as a ‘slab of white marble with soft streaks the color of wood smoke.’” —Alyssa Rosenberg, The Washington Post

An American Family

In inland Southern California, near the desert and the Mexican border, Susan Straight, a self-proclaimed book nerd, and Dwayne Sims, an African American basketball player, started dating in high school. Straight heard for decades the stories of Dwayne's female ancestors. Some women escaped violence in post-slavery Tennessee, some escaped murder in Jim Crow Mississippi, and some fled abusive men. Straight's mother-in-law, Alberta Sims, is the descendant at the heart of this memoir. Susan's family, too, reflects the hardship and resilience of women pushing onward — from Switzerland, Canada, and the Colorado Rockies to California.

The Phantom Prince

A fearless memoir about tribal life in Pakistan—and the act of violence that inspired one ambitious young woman to pursue a life of activism and female empowerment “Khalida Brohi understands the true nature of honor. She is fearless in her pursuit of justice and equality.”—Malala Yousafzai, winner of the Nobel Peace Prize From a young age, Khalida Brohi was raised to believe in the sanctity of arranged marriage. Her mother was forced to marry a thirteen-year-old boy when she was only nine; Khalida herself was promised as a bride before she was even born. But her father refused to let her become a child bride. He was a man who believed in education, not just for himself but for his daughters, and Khalida grew up thinking she would become the first female doctor in her small village. Khalida thought her life was proceeding on an unusual track for a woman of her circumstances, but one whose path was orderly and straightforward. Everything shifted for Khalida when she found out that her beloved cousin had been murdered by her uncle in a tradition known as “honor killing.” Her cousin’s crime? She had fallen in love with a man who was not her betrothed. This moment ignited the spark in Khalida Brohi that inspired a globe-spanning career as an activist, beginning at the age of sixteen. From a tiny cement-roofed room in Karachi where she was allowed ten minutes of computer use per day, Brohi started a Facebook campaign that went viral. From there, she created a foundation focused on empowering the lives of women in rural communities through education and employment opportunities, while crucially working to change the minds of their male partners, fathers, and brothers. This book is the story of how Brohi, while only a girl herself, shone her light on the women and girls of Pakistan, despite the hurdles and threats she faced along the way. And ultimately, she learned that the only way to eradicate the parts

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of a culture she despised was to fully embrace the parts of it that she loved. Advance praise for I Should Have Honor “Khalida Brohi’s moving story is a testament to what is possible no matter the odds. In her courageous activism and now in I Should Have Honor, Khalida gives a voice to the women and girls who are denied their own by society. This book is a true act of honor.”—Sheryl Sandberg, COO of Facebook and founder of LeanIn.Org and OptionB.Org

All Gone

An emotionally abused sixteen-year-old recounts her painful childhood memories, her time spent in mental institutions, and her eventual recovery with a new family and a new voice

Junk Mail

A dual portrait of the author and her late sister traces how both suffered from years of abuse at the hands of men before the author successfully escaped her own cycle of violence, a survival that was overshadowed by her sister's murder by a lover.

Munchausen's Syndrome by Proxy Reconsidered

Everything that makes Will Self's fiction so arresting and original is in evidence here in this collection of his best articles, book reviews and interviews from the Observer, the Guardian, the Independent, the Evening Standard and many more. Whether describing penis operations, narcotics or merely pondering the nature of slacking, these pieces are as witty and acerbic as one would expect from one of our foremost contemporary satirists.

Inferno

Her grandson was literally on the brink of death's door. From as early as one month old, he was gravely ill with one illness after another. By the time he was three years old, he had been hospitalized more times than she could count. He would get better and then suddenly relapse with no reasonable explanation. When her granddaughter was born, she too started having alarming health problems. She had known that her daughter-in-law seemed to exaggerate but never could she have imagined this. The children's mother was so cunning and crafty in her manipulative deception that she fooled dozens of medical professionals along the way. After three years of her grandson being constantly sick with countless hospitalizations, this grandmother was faced with the horrifying realization; that her grandchildren were sick because their mother was making them sick. Then the real fight began. Munchausen's Syndrome by Proxy is one of the cruelest forms of child abuse imaginable. It is very difficult to prove and even harder to prosecute. This story chronicles a woman's journey as she discovers that her two grandchildren are victims of this abuse that most people have never even heard of. Her faith in God kept her going as she turned their tragedies and trials into triumph. Follow her journey of faith as she fights to rescue, protect, and bring healing to her grandchildren's broken spirits and shattered little souls.

RX

A genre-bending meditation on sickness, spirituality, creativity, and the redemptive powers of writing. *Notes Made While Falling* is both a genre-bending memoir and a cultural study of traumatized and sickened selves in fiction and film. It offers a fresh, visceral, and idiosyncratic perspective on creativity, spirituality, illness, and the limits of fiction itself. At its heart is a story of a disastrously traumatic childbirth, its long aftermath, and the out-of-time roots of both trauma and creativity in an extraordinary childhood. Moving from fairgrounds to Agatha Christie, from literary festivals to neuroscience and the Bible, from Chernobyl to King Lear, Ashworth takes us on a fantastic journey through familiar landscapes transformed through unexpected encounters and comic combinations. The everyday provides the ground for the macabre and the absurd, as the narration twists and stretches time. Hovering on the edge of madness, writing, it seems, might keep us sane—or might just allow us to keep on living. In *Notes Made While Falling*, Ashworth calls for a redefinition of the creative work of thinking, writing, teaching, and being, and she underlines the necessity of a fearlessly compassionate and empathic attention to vulnerability and fragility.

The Distance Between Us

ONE OF THE BEST BOOKS OF THE YEAR: TIME MAGAZINE * GLAMOUR * GOOD HOUSEKEEPING * BOOKPAGE * BOOK RIOT * LIBRARY JOURNAL "A gripping and beautiful book about the power of love in the face of unimaginable loss." --Cheryl Strayed Two-year-old Greta Greene is sitting with her grandmother on a park bench on the Upper West Side of Manhattan when a brick crumbles from a windowsill overhead, falls, and strikes her unconscious. She is immediately rushed to the hospital. Jayson Greene's memoir begins with this event and with the anguish he and his wife, Stacy, confront in the wake of their daughter's trauma and the hours leading up to her death. *But Once More We Saw Stars* quickly becomes a narrative that is as much about hope and healing as it is about grief and loss. Jayson recognizes, even in the midst of his ordeal, that there will be a life for him beyond it--that if only he can continue moving forward, from one moment to the next, he will survive what seems unsurvivable. With raw honesty, deep emotion, and exquisite tenderness, Jayson Greene captures both the fragility of life and absoluteness of death, and most important of all, the unconquerable power of love. This is an unforgettable memoir of courage and transformation--and a book that will change the way you look at the world.

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