

Living With Intensity Susan Daniels

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The Smart Teens' Guide to Living with Intensity

A guide to dealing with gifted children that uses cartoons, lists, definitions, and essays to help parents deal with the challenges and triumphs of raising a gifted child.

Deep Green Resistance

Teaching children how to manage their intense emotions is one of the most difficult aspects of parenting or educating gifted children. Emotional Intensity in Gifted Students: Helping Kids Cope With Explosive Feelings provides a much-needed resource for parents and educators for understanding of why gifted children are so extreme in their behavior and how to manage the highs and lows that accompany emotional intensity. Presented in an easy-to-read, conversational style, this revised and updated second edition contains additional chapters addressing temperament and personality development, as well as expanded role-plays and strategies designed to show parents and teachers how to interact and guide gifted children in a way that teaches them how to recognize, monitor, and adjust their behavior. Updated resources and worksheets make this practical resource a must-read for anyone wishing to make a positive and lasting impact on the lives of gifted children.

Some of My Best Friends are Books

Quite often uncommon competence, creativity and drive remain hidden or partially used by its owners. Do they perceive the gift of being uncommon as a

millstone instead of an enjoyment? This book introduces and illustrates three practices for Extra Intelligent People (XIPs) to become more effective in their work and private life, for their own sake and for the sake of their environment. These practices are based on ten years of experience in coaching XIPs and on various concepts from literature. Together they offer a practical tool for sustainable personal and career development of uncommonly intelligent and intense people. There is much to enjoy about being uncommon!

Giftedness 101

Most books for parents of gifted youngsters focus on what adults should be doing, but not many hone in on how inadvertently we push our children to be more "normal," or more "reasonable," or even, sometimes, more exceptional. The author offers healthy approaches that will help gifted children become comfortable with who they are.

Your Rainforest Mind: A Guide to the Well-Being of Gifted Adults and Youth

Make the most of your creative and intellectual gifts by overcoming the unique challenges they bring with this guide by the author of Natural Psychology. Many smart and creative people experience unique challenges as a result of their valuable gifts. These can range from anxiety and over-thinking to mania, depression, and despair. In *Why Smart People Hurt*, creativity coach Dr. Eric Maisel pinpoints these often-

devastating challenges and offers solutions based on the groundbreaking principles and practices of natural psychology. Are you still searching for meaning after all these years? Many smart people struggle with reaching for or maintaining success because, after all of the work they put into attaining it, it still seems meaningless. In *Why Smart people Hurt*, Dr. Maisel will teach you how to stop searching for meaning and create it for yourself. In *Why Smart People Hurt*, you will find:

- Evidence that you are not alone in your struggles
- Strategies for coping with a brain that goes into overdrive at the drop of a hat
- Questions that will help you create your own personal roadmap to a calm and meaningful life

Enjoying the Gift of Being Uncommon

Kazimierz Dabrowski refers to his view of personality development as the theory of positive disintegration. Dabrowski feels that no growth takes place without previous disintegration. He regards symptoms of anxiety, psychoneurosis, and even some symptoms of psychosis as the signs of the disintegration stage, and therefore not always pathological.

Ten Things NOT to Say to Your Gifted Child

Gifted children and adults are often misunderstood. Their excitement is viewed as excessive, their high energy as hyperactivity, their persistence as nagging, their imagination as not paying attention, their passion as being disruptive, their strong emotions and

sensitivity as immaturity, their creativity and self-directedness as oppositional. This resource describes these overexcitabilities and strategies for dealing with children and adults who are experiencing them, and provides essential information about Dabrowski's Theory of Positive Disintegration. Learn practical methods for nurturing sensitivity, intensity, perfectionism, and much more.

Journal Sparks

"This book is written for pre-teens and teens who love to learn, even if they don't necessarily love school. Discover yourself as an intense and excitable learner, a creative learner, and a self-directed learner. Read about how to manage perfectionism and self-talk, how to understand your parents better, and how to take charge of your education, whether you go to public school, private school, or homeschool"--Supplied by publisher.

"Mellow Out," They Say, If I Only Could

Analyzes the traits that make up the common phenomenon of everyday genius and lead to success in business, politics, and love

The Survival Guide for Parents of Gifted Kids

In my estimation Giftedness 101 ranks high among authoritative texts devoted to this particular population of children. It not only offers thorough

experience and knowledge-based insights to those who are already or are contemplating serving the social emotional needs of these children in the future, but also those who profess to educate future teachers, those who would venture out into classrooms charged with the teaching and many others besides. It should be required reading for politicians - especially those who shape educational policy."--Gifted and Talented International "Linda Silverman is an articulate, insightful, authoritative, and extremely "gifted" international expert in the assessment of giftedness[She] has created a gem with Giftedness 101. The fields of psychology and education should welcome this vibrant book with open arms." Alan S. Kaufman, PhD Yale Child Study Center School of Medicine "This is a really terrific book! I'm really impressed at how much information has been packed into it, how accessible it is (without talking down to the audience), and how well the author has parsed the many key issues in the world of giftedness. Parents and mental health professionals with find this book incredibly useful. I look forward to sharing it far and wide. I think it is a book that was badly needed and will really fill a niche." Corin Goodwin CEO & Executive Director, Gifted Homeschoolers Forum This is the most thorough history, explanation, and call to action for gifted advocates you will find."--Laughing at Chaos Blog What is giftedness? Is it the potential for success or is it the experience of being an "outsider"? This book addresses the unique psychological needs of gifted children, which are often manifested as "feeling different," and examines special issues such as gifted children with learning disabilities, gender

considerations, implications of socio-economic status, and more. Giftedness 101 dispels common myths about giftedness and challenges the view that eminence is the true signifier of giftedness. It offers specific guidelines to psychologists, parents, and teachers; describes comprehensive assessment of the gifted; provides support for the twice exceptional; and focuses on the complex inner world of the gifted. The book defines giftedness as a psychological reality with powerful ramifications throughout the lifespan. Giftedness 101 will be a valuable, eye-opening resource for psychologists, educators, and other professionals who work with the gifted, as well as gifted individuals and their families. Key Features: Provides a concise, accessible overview of one of the most important and challenging topics in psychology and education Examines the concept of giftedness across the lifespan Covers both the intellectual assessment and development of gifted individuals as well as the psychological well-being issues of this population Written by a prominent expert in the field of the psychology of giftedness

Emotional Intensity in Gifted Students

Help your gifted child embrace their uniqueness. In this workbook, a therapist offers fun activities and strategies to help children ages 7 to 12 boost self-confidence, reduce stress and overwhelm, and balance emotions. As a parent, you understand the blessings and the challenges of raising a gifted child more than anyone. Although gifted kids are often seen as intellectually and academically privileged,

those same gifts can also create challenges. For example, kids are often quite aware of their differences, and this awareness can negatively impact their sense of self and confidence in the world. This engaging workbook directly addresses the psychological needs of gifted children using a powerful combination of mindfulness, acceptance and commitment therapy (ACT), and self-compassion strategies. With this workbook, your child will gain a better understanding of their unique gifts and learn essential strategies to help regulate their emotions, manage anxiety, improve mood, and navigate social relationships. Young readers will learn that they are not alone in their experiences, and that much of what others might consider to be different or strange about them is actually quite typical within the context of giftedness. For children, feeling different from others can be difficult. With this workbook, your child will learn that they have an important place in the world, and that their gifts are something to celebrate.

Personality-shaping Through Positive Disintegration

This book reveals the dramatic stories of twenty outstandingly gifted people as they grew from early promise to maturity in Britain. Recorded over the last thirty-five years by award-winning psychologist, Joan Freeman, these fascinating accounts reveal the frustrations and triumphs of her participants, and investigates why some fell by the wayside whilst others reached fame and fortune. These exceptional people possess a range of intellectual, social and

emotional gifts in fields such as mathematics, the arts, music and spirituality. Through their particular abilities, they were often confronted with extra emotional challenges, such as over-anxious and pushy parents, teacher put-downs, social trip-wires, boredom and bullying in school and conflicting life choices. Their stories illustrate how seemingly innocuous events could have devastating life-long consequences, and confront the reader with intriguing questions such as: Does having a brilliant mind help when you are ethnically different or suffering serious depression? How does a world-class pianist cope when repetitive strain injury strikes, or a young financier when he hits his first million? What is the emotional impact of grade-skipping? Joan Freeman's insights into the twists and turns of these lives are fascinating and deeply moving. She shows us that while fate has a part to play, so does a personal outlook which can see and grab a fleeting chance, overcome great odds, and put in the necessary hard work to lift childhood prodigy to greatness. Readers will identify with many of the intriguing aspects of these people's lives, and perhaps learn something about themselves too.

Living with Intensity

Are you relentlessly curious and creative, always willing to rock the boat in order to get things done . . . extremely energetic and focused, yet constantly switching gears . . . intensely sensitive, able to intuit subtly charged situations and decipher others' feeling? If these traits sound familiar, then you may

be an Everyday Genius--an ordinary person of unusual vision who breaks the mold and isn't afraid to push progress forward. . . . As thought-provoking as Daniel Goleman's Emotional Intelligence, psychologist Mary-Elaine Jacobsen's Gifted Adults draws on a wide range of groundbreaking research and her own clinical experience to show America's twenty million gifted adults how to identify and free their extraordinary potential. Gifted Adults presents the first practical tool for rating your Evolutionary Intelligence Quotient through an in-depth personality-type profile. Demystifying what it means to be a gifted adult, this book offers practical guidance for eliminating self-sabotage and underachievement, helping Everyday Geniuses and those who know, love, and work with them to understand and support the exceptional gifts inherent in these unique personality traits.

Dabrowski's Theory of Positive Disintegration

Using words, drawing, collage, and observation-based list-making, award-winning author Emily K. Neuburger highlights the many paths into journaling. Her 60 interactive writing prompts and art how-tos help you to expand your imagination and stimulate your creativity. Every spread invites a new approach to filling a page, from making a visual map of a day-in-my-life to turning random splotches into quirky characters for a playful story. It's the perfect companion to all those blank books and an ideal launchpad to explore creative self-expression and develop an imaginative voice — for anyone ages 10 to

100! Teachers' Choice Award Winner Mom's Choice Awards Winner Foreword INDIES Gold Award Winner National Parenting Product Awards Winner

Exceptionally Gifted Children

Gifted Children

Defines giftedness and discusses special quirks and problems that arise living with a gifted child, from a lack of neatness to the "too-smart mouth," and explains how parents can find the right programs and make school as rewarding as possible for gifted children.

Parenting Gifted Children 101

Based on new surveys of nearly 1,500 gifted teens, this book is the ultimate guide to thriving in a world that doesn't always support or understand high ability. Full of surprising facts, survey results, step-by-step strategies, inspiring teen quotes, and insightful expert essays, the guide gives readers the tools they need to appreciate their giftedness as an asset and use it to make the most of who they are. The fourth edition has been revised for a new generation of high-end learners and includes information on twice-exceptionality, emotional and social intelligence, creativity, teen brain development, managing life online, testing and standards, homeschooling, International Baccalaureate programs, college alternatives, STEM careers, cyberbullying, and other

hot topics.

Visual Learning and Teaching

How can you nurture creativity in your child? Raising Creative Kids shows parents and teachers how to guide and foster creativity and sustain the creative spirit we are born with. In addition to explaining various theories of creativity, the authors describe: Personality traits associated with creativity, Processes involved in creativity, Ways to parent for creativity, Activities that promote creative thinking, Programs to cultivate creativity, Teaching organization skills, How to preserve your own creativity Book jacket.

Driven to Distraction at Work

For years, Derrick Jensen has asked his audiences, "Do you think this culture will undergo a voluntary transformation to a sane and sustainable way of life?" No one ever says yes. Deep Green Resistance starts where the environmental movement leaves off: industrial civilization is incompatible with life. Technology can't fix it, and shopping—no matter how green—won't stop it. To save this planet, we need a serious resistance movement that can bring down the industrial economy. Deep Green Resistance evaluates strategic options for resistance, from nonviolence to guerrilla warfare, and the conditions required for those options to be successful. It provides an exploration of organizational structures, recruitment, security, and target selection for both aboveground and underground action. Deep Green Resistance also

discusses a culture of resistance and the crucial support role that it can play. Deep Green Resistance is a plan of action for anyone determined to fight for this planet—and win.

Smart Kids with Learning Difficulties

Exceptionally Gifted Children examines the origin, development and school histories of fifteen Australian children who are amongst the most intellectually gifted young people ever to be identified and studied. The first phase of a longitudinal research project which will trace the children through to adulthood, this book looks in detail at the children's early lives and influences, their families and personal characteristics. More importantly, this book explores the school experiences of the children, the opportunities offered and denied to them and the effects of their early school life on their educational development and how the school environment can affect: * self-esteem * self-concept * motivation * the capacity to find and form friendships * the children's own attitudes towards their abilities and achievements. This fascinating study will be of interest to education researchers, those working in special educational needs, and anyone with a particular interest in this field.

The Gifted Teen Survival Guide

Our brightest, most creative children and adults are often being misdiagnosed with behavioral and emotional disorders such as ADHD, Oppositional-

Defiant Disorder, Bipolar, OCD, or Asperger's. Many receive unneeded medication and inappropriate counseling as a result. Physicians, psychologists, and counselors are unaware of characteristics of gifted children and adults that mimic pathological diagnoses. Six nationally prominent health care professionals describe ways parents and professionals can distinguish between gifted behaviors and pathological behaviors. These authors have brought to light a widespread and serious problem—the wasting of lives from the misdiagnosis of gifted children and adults and the inappropriate treatment that often follows. Jack G. Wiggins, Ph. D., Former President, American Psychological Association

Handbook for Counselors Serving Students with Gifts & Talents

Although settlers moved into Norwood as early as 1787, Norwood was not incorporated as a city until 1902. Apart from the city of Cincinnati, Norwood is the second largest city within Hamilton County, Ohio. Several large companies, such as Globe Wernicke Company and the United States Playing Card Company, were developed in Norwood, creating rapid industrial growth and many job opportunities through the years. With the large companies booming came the development of homes, schools, and small businesses. Norwood: 1940-1979 depicts how citizens lived, shopped, worked, and played during Norwood's heyday.

You Know Your Child is Gifted when

Ellen Fiedler explores the unique challenges faced by bright and gifted adults through life stages, beginning with age 18 and on through old age. She addresses the needs to belong, for generativity, to contribute to the world, and find some meaning in life when faced with issues of multipotentiality, identity crises, and feelings of isolation.

Searching for Meaning

This practical, easy-to-read book explores the basics of parenting gifted children, truly giving parents the "introductory course" they need to better understand and help their gifted child. Topics include myths about gifted children, characteristics of the gifted, the hows and whys of advocacy, social and emotional issues and needs, strategies for partnering with your child's school, and more. *Parenting Gifted Children 101* explores ways for you to help your child at home and maximize your child's educational experience with strategies that are based on research, but easy to implement. Each chapter--from parenting twice-exceptional students to navigating the possible challenges that school may hold for your child--contains resources for further reading and insights from more than 50 parents and educators of gifted children.

Academic Advocacy for Gifted Children

Explaining why certain children are gifted and how giftedness is manifested, each chapter addresses the relevance for children with AD/HD and Asperger

Syndrome. Lovecky guides parents and professionals through methods of diagnosis and advises on how best to nurture individual needs, positive behaviour and relationships at home and at school.

FBI Killer/The

Raising Gifted Kids

Dirt poor, divorced, the mother of two young children, Susan Daniels Smith, 27, prayed for a handsome Prince Charming who would take her away from the squalor of her rural Kentucky community to live in romance and luxury. When a good-looking, big city FBI agent named Mark Putnam entered her life, Susan thought her prayers had been answered. She was dead wrong. Their relationship began when Susan agreed to be Putnam's paid informant in an investigation of her ex-husband's criminal friends, then quickly grew into an illicit affair that consumed their lives for nearly two years - until she became pregnant and threatened to expose Putnam, ruining his career and his marriage. On June 8, 1989, Putnam took her for a drive into the hills to discuss her demands of marriage. She was never heard from again. The FBI Killer recounts the bizarre events that forced Mark Putnam to confess to brutally killing his lover, then covering up his crime for over one year. The first agent in FBI history to be convicted of homicide, Putnam is now serving sixteen years in a federal prison.

5 Levels of Gifted

Formerly titled *Empowering Gifted Minds: Educational Advocacy That Works*, this double award-winning book is the definitive manual on gifted advocacy for gifted students. The author tells parents and teachers how to document a child's abilities to provide reasonable educational options year by year. This book provides imperative information on testing considerations, curriculum, successful programs, and planning your child's education. It is truly an essential guide.

The Gifted Adult

Kazimierz Dabrowski's Theory of Positive Disintegration (TPD), which includes the widely known "overexcitabilities," is one of the most influential theories in gifted education. It summarizes the research and application of TPD and compares it to other theories of personality and psychological development.

Misdiagnosis and Dual Diagnoses of Gifted Children and Adults

Do you long to drive a Ferrari at top speed on the open road, but find yourself always stuck on the freeway during rush hour? Do you wonder how you can feel like "not enough" and "too much" at the same time? Like the rain forest, are you sometimes intense, multilayered, colorful, creative, overwhelming, highly sensitive, complex, and/or

idealistic? And, like the rain forest, have you met too many chainsaws? Enter Paula Prober, M.S., M.Ed., who understands the diversity and complexity of minds like yours. In "Your Rainforest Mind: A Guide to the Well-Being of Gifted Youths and Adults," Paula explores the challenges faced by gifted adults of all ages. Through case studies and extensive research, Paula will help you tap into your inner creativity, find peace, and discover the limitless potential that comes with your Rainforest Mind.

Gifted Lives

Why Smart People Hurt

Raising an extremely bright child - quick, curious, sensitive, and introspective - is a daunting challenge. Parents need insight into their own motivations (as well as those of their children), and the courage and ability to make tough decisions about their child's development. "Raising Gifted Kids" will help parents understand and cope with the obstacles they face in raising a gifted child, and help them make the best choices for their son's or daughter's growth and happiness.

Norwood

Identifying the underlying reasons why people really lose their ability to focus at work and drawing on case studies, a leading authority on ADD and ADHD presents a set of reliable techniques that will help

anyone regain control of their attention and most productive mental state in the workplace. By the best-selling author of *Driven to Distraction*. 25,000 first printing.

Bright Adults

The *Handbook of School Counseling for Students With Gifts and Talents: Critical Issues for Programs and Services* provides the definitive overview of research on the general knowledge that has been amassed regarding the psychology of gifted students, introducing the reader to the varied conceptions of giftedness, issues specific to gifted children, and various intervention methods. Additionally, this handbook describes programs designed to fulfill the need these children have for challenge. With chapters authored by leading experts in the field, *The Handbook of School Counseling for Students With Gifts and Talents* offers a place for professionals to turn for answers to a wide variety of questions about gifted children.

Liberating Everyday Genius

A Parent's Guide to Gifted Children

A creative guide to visual learning strategies with easy-to-use activities for increasing visual literacy. Emojis . . . avatars . . . icons . . . Our world is becoming increasingly reliant on visual communication. But even as we edge toward a virtual

world, it's still critical for students to comprehend and know how to make simple, meaningful marks. In this easy-to-use resource, Dr. Susan Daniels channels over twenty years of research and experience into a creative guide of strategies that enable educators to present the foundational skills of visual learning in the classroom. Educators will learn how to create a "visual toolbox" of tools that promote visual literacy across the curriculum and discover interactive activities to encourage visual learning and communication in all students. Digital content includes customizable forms and a PDF presentation. A free online PLC/Book Study Guide is available at freespirit.com/PLC.

Positive Disintegration

Smart Kids With Learning Difficulties: Overcoming Obstacles and Realizing Potential is an engaging must-read for any parent, educator, or counselor of smart kids who face learning difficulties. The authors provide useful, practical advice for helping smart kids with learning challenges succeed in school. Topics covered in the book include: Identifying and recognizing gifted/learning disabled students, what the law says about this population, planning and developing accommodations that empower these students, what works and doesn't work in the classroom, tools and checklists to build supportive learning environments, and the roles and responsibilities of parents, students, and school personnel.

The Gifted Kids Workbook

Raising a gifted child is both a joy and a challenge, yet parents of gifted children have few resources for reliable parenting information. The four authors, who have decades of professional experience with gifted children and their families, provide practical guidance in areas such as: Characteristics of gifted children, Peer relations, Sibling issues, Motivation and underachievement, Discipline Issues, Intensity, perfectionism, and stress, Idealism, unhappiness, and depression, Educational planning, Parenting concerns, Finding professional help. Book jacket.

Raising Creative Kids

Gifted Children is a lively and informative exploration of the mystery of the gifted mind and the social and emotional needs of gifted children and their families. The authors give an insight into what is 'normal' for gifted children, acknowledge the difficulties they experience, and offer pointers for parents on how to support them.

Different Minds

Illustrates the five levels of giftedness, using seventy-eight gifted and highly gifted children as examples, and offers parents of gifted children advice on how they can find the best school for their child's needs.

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